

Report and Plan for Addressing Detoxification Needs of Substance Users

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Presentation to the County Health Commission

Presentation Tonight

- Summary of Written Report
- Report and Plan for Addressing Detoxification Needs of Substance Users available on website at www.slodas.org
- Current Status Memo
- Panel Members: Biz Steinberg, EOC; Michael Axelrod, Project Amend; and Carol Hatley from SLO Housing Authority.

Detoxification Defined

- Set of interventions aimed at managing acute intoxication and withdrawal from substances. Usually includes medications to manage symptoms.
- It is not treatment.
- It is to prevent potentially life-threatening complications.
- Evaluation, Stabilization, and Fostering entry into treatment

Estimated Need

- The prevalence rate for withdrawal symptoms in the general population is 5%.
- For those patients in substance abuse treatment, the service demand for detoxification is 2%.
- The estimated need for detoxification in San Luis Obispo County is 120 – 300 individuals per year.

Other Counties

- Seven of California's comparable medium sized Counties were surveyed in March 2007 to ascertain the detoxification beds available.
- The average number of detoxification beds is 3.0 per population of 100,000.
- San Luis Obispo County would need 7 – 8 detoxification beds.

Types of Detoxification

- Outpatient Detoxification

cost: \$ 92 per person per day (includes medication)

- Social Model Residential Detoxification

cost: \$ 61 per bed per day

- Medical Detoxification (Hospital based)

cost: \$ 1,200 per bed per day

Pros and Cons

- Outpatient Detoxification
- Social Model Residential Detoxification
- Medical Detoxification

Cost Savings

Current Status Memo

- Drug and Alcohol Services Outpatient Detoxification Pilot Program running to June 30, 2008 781-4753
- Private based providers to create social model residential detoxification
 - Ocean View Rehabilitation 772-4363
 - Project Amend 782-9600
 - Good Samaritan, Inc. 347-3338
- Collaborative Partnership w/ Drug & Alcohol Services, Housing Authority & Community Health Centers
- Private based physicians for opiate detoxification